

## **Sample Lesson Plan Template**

First, let's describe the different elements of the lesson. At the end of the document you will find a template for your own use. Feel free to copy it.

**Objective:** This is what you are hoping to accomplish through this lesson. What is the desired end result?

At the end of this lesson students will \_\_\_\_\_.

- ...be able to...
- ...have strengthened their...
- ...have improved/developed...
  - (In this lesson, will I Present, Practice or ask students to Produce? Or a mix of 2 or 3 elements?)

**Conscious Transition:** These make the lesson go more smoothly and help keep students' focus between activities.

- How do we get from the playground to the classroom and into our chairs/circle/formation of organized seating?
  - Try to do this in a playful way that feels good for me and them.
  - Ideas for maternelle/primary: line up according to height / birthday / alphabetical order / pretend you're a train...who is the engine, the caboose? / do the first 4 children get classroom jobs?
  - Leave all unnecessary belongings outside of learning environment (coats, bags, Pokémon cards, toys, etc)
  - Sitting at desks? Desks put together in one big table? Circle on the floor? Standing at the front near the board? Facing each other in two lines? Girls and boys?
- Ideas for secondary: a fun punishment for late students - must select a random topic and talk about it for 1 minute timed in front of the group

**Teacher Talk:** This is what I'm going to say to give instructions.

- I've planned it out ahead of time so that I am efficient,
- not taking up too much of the class's talking time and
- my language is graded to the level of the students.

**Starting Ritual:** To foster a good group dynamic and foster respect, empathy and team spirit.

- Choose something specifically for this group considering their age, ability, mentality
- This should be a group activity in which everyone takes part at the same time together and that remains the same throughout the year (or could be changed every trimester if desired)



**Warm up:** This is an activity to help students start interacting with the lesson material for that day in a way that can be mysterious, fun, funny, thought provoking.

- *For example: before teaching a lesson about weather, I had “Baby It’s Cold Outside” playing as students walked into the room. After they got settled and we started the class, I played the song again and asked, why am I playing you this song today? They had to listen to the lyrics and put it together that we’d be talking about weather that day.*

**Learning Activity:** There can be anywhere from 3 to 6 learning activities in your lesson. Try not to get stuck with only 1 or 2 activities in a 1 hour lesson...keep it moving!

- Try to create a dynamic flow throughout your lesson with high energy, low energy, quiet, noise, group/pair work, working alone, sitting, standing, moving, still, singing/speaking, listening...etc, (even for teenagers!)
- Variety is key for a lesson that effortlessly keeps their attention and minimizes opportunities for distraction or poor behavior.
- Use **Conscious Transitions** to move between activities
- How do we get from FC Time to Story Time?
- Always give instructions before asking kids to move so they know how you want them to move and what you want them to do when they get there.
- When giving instructions for the next activity, do it while you still have their attention at the end of the previous activity.
  - *(Example: You have just played the Concentration game as your Starting Ritual. At the end of the game you say, “Ok, now, when I say go, I would like you to return to your seats slowly and quietly like little mice, not even your chairs will make a sound! And then I would like you to open your books to page 52. Ready? (wait for their eye contact and acknowledgement, yes!) What page are we going to open our books to? 52! Are we going to make a lot of noise? No! Are we going to go quietly like mice? Yes! Ok, go.”)*

**Ending Ritual:** This bookends the lesson and keeps a feeling of ritual. Reinforces group dynamic and sense of team. Here are some ideas:

- For older groups and groups that don’t have a kind, positive dynamic, each student (or only 5 if big group) says something positive about the session that day with regard to:
  - Something they enjoyed about the lesson
  - Something positive about the group, themselves, another student, the teacher
- Young kids - Goodbye song
- Older Primary - funny goodbyes
  - Teacher: See you later, Alligator!
  - Class: In a while, Crocodile!
  - All: See you soon, Big Baboon!

**Thank you & Goodbye:** To create a feeling of exchange and understanding that their behavior affects others. Teaching respect, gratitude and empathy.

- Teacher says, “Thank you for your attention and for being here today.”



- Students say, “Thank you for teaching us.”
  - *(Feel free to create your own version.)*

**Leave the room as we found it** (Students push in chairs, pick up and throw away any trash around desks.)

- How do the students leave? Make it conscious. (Line up and go downstairs together? In pairs? Single file? Children leave individually as and when they are ready?)

### **Sample Lesson Plan Template**

**Group:**

**Date:**

**Lesson #:**

**Objective:** At the end of this lesson students will \_\_\_\_\_.

Time Estimate	Layout	Activity	Materials Needed
5 min		<i>Conscious Transition</i> (Playground to Classroom) <b>Teacher Talk:</b>	
2 min		1. Starting Ritual <b>TT:</b> <i>CT</i>	
5 min, etc...		2. Warmup <b>TT:</b> <i>CT</i>	
		3. Learning Activity 1 <b>TT:</b> <i>CT</i>	
		4. Learning Activity 2, etc... <b>TT:</b> <i>CT</i>	
		5. Ending Ritual	
		6. Thank you & Goodbye <b>TT:</b> <i>CT</i> (Tidy up & Leave)	